For further information and for independent advice, contact:

Seniors Rights Victoria – 1300 368 821

Available from 10.00am to 5.00pm Monday to Friday. For more information on Seniors Rights Victoria, visit www.seniorsrights.org.au

Men's Referral Service – 1300 766 491

Available from 8.00am to 9.00pm Monday to Friday, and from 9.00am to 5.00pm Saturday to Sunday. For more information on Men's Referral Service, visit www.ntv.org.au

1800 RESPECT - 1800 737 732

Available 24 hours a day, 7 days a week. For more information on 1800 RESPECT, visit www.1800respect.org.au

If you are concerned for your immediate safety or that of someone else, please contact the police in your state or territory or call Triple Zero (000) for emergency services.

For more information, please visit **www.respectvictoria.vic.gov.au**





What is elder abuse?



Elder abuse is a form of family violence and it is unacceptable.

Elder abuse is any act occurring within a relationship where there is an expectation of trust, which results in harm to an older person. Elder abuse may be physical, sexual, financial, psychological, social and/or neglect.

Forms of elder abuse

Family violence against older people can take many forms. It is not uncommon for older people to experience multiple forms of elder abuse at one time.

Some common forms of elder abuse may include:

- Financial abuse
- > Emotional (or psychological) abuse
- Neglect
- Physical abuse
- Social abuse
- > Sexual abuse.

What to do if you suspect elder abuse is occurring or you are experiencing elder abuse

If you are unsure about asking for help, remember everyone has the right to be safe. No older person should be subjected to any form of abuse, mistreatment or neglect. Elder abuse is a form of family violence, and it is unacceptable.

If you or someone you know is experiencing any form of elder abuse, you can discuss these concerns with a trusted family member, GP or physician.