

**Respect
Victoria**

**Preventing
Family
Violence**



Respect Women

Respect Victoria



Easy English

Hard words



This book has some hard words.

The first time we write a hard word

- the word is in **blue**

- we write what the hard word means.

You can get help with this book



You can get someone to help you

- read this book

- know what this book is about

- find more information.



We will write contact information at the end of this book.



About this book

This book is from Respect Victoria.



This book is about our Respect Women **campaign**.



A campaign is when people and organisations work together to reach a goal.

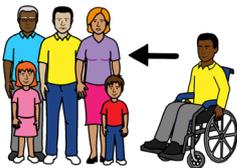


The goal of our campaign is to help men to think about how they can **respect** women.



Respect means we understand that

- everyone is important
- we should be kind to everyone
- we should **not** hurt other people.





Everyone should have the same **rights**.



Rights are things that everyone should be able to

- get



- have



- do.

When women are **not** respected they do **not** have the same rights as everyone else.



Women might **not** be respected

- in the community



- at work.

Ways women might **not** be respected in the community include when a man



- stares at a woman and she is **not** comfortable



- says women are **not** good at sport or other activities

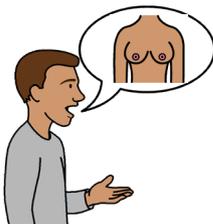


- says mean things to his wife or girlfriend.

Ways women might **not** be respected at work include when a man



- thinks a woman **cannot** do things because she is a woman



- makes sexual jokes about women



- expects women to clean the work area if it is **not** their job.

If you see someone is not being respected



If you see someone is **not** being respected it is important to say something.



Only say something if

- it is safe for you



- it is safe for the woman who is **not** being respected.

When women are **not** respected it can lead to **violence**.



Violence means someone hurts

- you
- someone else.





Violence can be

- physical
 - For example someone hits you.



- verbal
 - For example someone says things that make you feel bad or afraid.



Saying something when you see a woman is **not** being respected could stop violence against women.

To stop men who do **not** respect women you can



- frown or give them a look to show you are **not** happy



- tell them you do **not** agree with what they said.



To stop men who do **not** respect women you could also

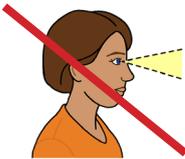
- **not** respond to mean comments



- **not** laugh at mean jokes about women



- tell the person **in private** that what they said is **not** okay.



In private means in a way that other people **cannot**

- see what you are saying



- hear what you are saying.

Get help if you are not respected



If you or someone else is in danger right now

- call 000



- ask for the police.



There are places to get help

- if someone is **not** being respected



- for violence.

There is more information at the end of this book.

Places to get help

Safe Steps helps people in Victoria who are experiencing violence.



Call 1800 015 188



Website safesteps.org.au

In Touch Multicultural Centre Against Family Violence (In Touch) helps people from different cultures who are experiencing violence.



Call 1800 755 988



Website intouch.org.au

No To Violence helps men who use violence.



Call 1300 766 491



Website ntv.org.au



More information

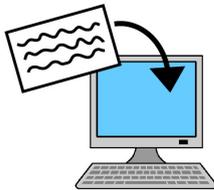


For more information about the Respect Women campaign contact Respect Victoria.



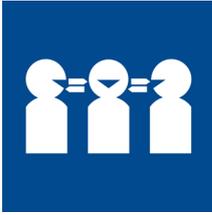
Website

respectvictoria.vic.gov.au



Email

contact@respectvictoria.vic.gov.au



If you do not speak English

Use the free Translating and Interpreting Service or TIS.



Call 131 450

Give the TIS officer the phone number you want to call.



If you need help to speak or listen

Use the National Relay Service.

Website

infrastructure.gov.au/national-relay-service



Call 1800 555 660

Give the relay officer the phone number you want to call.

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